

BUQI

Information Transmission



Dr. Shen Hongxun

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It is not for sale to non-students.

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The same applies to the name Buqi.

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布
氣

Chinese characters for Buqi

Prof. Yao Huanzi
My main teacher



Dr. Shen Hongxun



Master Shen Jin
*My daughter
and the main teacher
of the Buqi system*



Foreword

Buqi or Xingqi is a Chinese energy healing art, revealed by ancient sources to be over a thousand years old. It is not, however, a part of Traditional Chinese Medicine.

In China, "special" knowledge has always been kept secret and passed on to family members only. Because of these traditions, important knowledge, some pertaining to Buqi, has been lost. Historical sources show that Buqi involved treatment without touching, and was given at quite some distance from the patient. This concept fascinated me, and I was determined to find out more.

As hospital Director, I was in an ideal position to carry out research. Slowly I began to rediscover Buqi, and as I did so, the knowledge continued to develop and expand. What I found, over more than 40 years of research, led me to create the Buqi system.

The Buqi system includes Health Information Transmission, Vibration Massage, Finger Vibration Therapy, Daoyin Therapy (treatment by exercise which empowers the patient to continue their own healing), etc. The primary aim of all Buqi treatment is to break the Double Vicious Circle, thereby cutting the roots of the disease. The Double Vicious Circle (of poor body position and mental stress) is, in fact, the foundation of the Buqi system.

The various therapies of the Buqi system are concerned with correcting body posture, reducing mental tension, and changing negative emotions to positive ones.

This book focuses on one particular Buqi therapy: Health Information Transmission. Other books in this series include How to Develop Healing Forces, Daoyin Therapy, Buqi Vibration Massage, The Double Vicious Circle, etc.

Buqi can bring much health and happiness; I hope many people will benefit from it.

Dr. Shen Hongxun
Gent, August 2002

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